

Triennial Assessment Report: May 2026 Wellness Assessment (5/2026)

District: DA VINCI COMMUNICATIONS DISTRICT

Introduction

The district's wellness policies and practices generally aligned well with federal requirements and many recognized best practices. The district demonstrated strong implementation in areas such as nutrition education, compliance with USDA Smart Snacks standards, wellness promotion, and restrictions on foods that do not meet USDA nutrition guidelines.

The assessment also identified a few areas where improvements were needed to strengthen written policies and ensure full compliance with federal requirements. For example, the need to create classes, events and additional ways to increase the access of nutritional information for students and staff. These findings showed progress compared to previous assessments, while also highlighting opportunities for continued growth and policy enhancement.

To complete the triennial assessment, the Wellness Committee played a key role in reviewing current policies, identifying strengths and areas for improvement, and recommending updates to the Local School Wellness Policy (LSWP). The district also plan to expand participation by recruiting community members and school staff with expertise in child nutrition programs, competitive foods, nutrition education, and wellness marketing. The last triennial assessment was completed on June 16, 2022.

Strong Policies and Aligned Practices

Da Vinci Schools has strong policies that highlight the importance of nutrition education in promoting student wellness. Our School Breakfast and Lunch Program meals meet all required federal standards for meal patterns and nutrient levels across all grade levels. We ensure that students have access to free water throughout the day and during meal service. At the same time, we offer competitive Smart Snacks that are sold to students during the school day and meet or exceed USDA nutrition standards.

Our wellness policy is available to the public on the school's website and includes the latest score obtained in our most recent triennial assessment. We use strategies to maximize participation in the School Breakfast Program and School Lunch Program, while incorporating marketing strategies that promote healthy food and beverage choices for students. We continuously seek ways to provide students and staff with sequential and comprehensive nutrition education.

The wellness committee ensures that the current wellness policy is implemented at all grade levels and collaborates with teachers to reinforce nutrition education lessons taught in the classroom. The committee also promotes regular physical activity breaks for students and discourages the use of physical activity as punishment. In addition, the wellness committee actively works with staff to improve practices in areas where opportunities for growth have been identified.

		Policy Score	Practice Score	
FR1	Does the district have specific goals for nutrition education designed to promote student wellness?	2	2	☆
FR2	Do your National School Lunch Program meals (and, if applicable, School Breakfast Program meals) meet all federal standards for meal patterns, nutrient levels, and calorie requirements for the grade levels served?	2	2	☆
FR3	Does your school take steps to protect the privacy of students who qualify for free or reduced-price meals?	2	2	☆
FR4	Is free (i.e., no cost to students) drinking water available to students during meals?	2	2	☆
FR5	Do all school nutrition program directors, managers, and staff meet or exceed the annual continuing education/training hours required by the USDA's Professional Standards requirements?	2	2	☆
FR6	Do all competitive foods and beverages sold to students during the school day meet or exceed the USDA's nutrition standards, commonly called Smart Snacks?	2	2	☆
FR8	Do all foods and beverages sold in vending machines meet Smart Snack standards?	2	2	☆

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FR9	Do all foods and beverages sold in school stores during the school day meet Smart Snack standards?	2	2	☆
FR14	Is there an official who is responsible for the implementation and compliance with the wellness policy at the building level for each school?	2	2	☆
FR15	How is the wellness policy made available to the public?	2	2	☆
FR16	Is wellness policy implementation evaluated every three years?	2	2	☆
FR17	What is included in the triennial assessment report to the public?	2	2	☆
FR18	Has the wellness policy been revised based on the previous triennial assessment?	2	2	☆
NES1	Does the district offer breakfast every day to all students?	2	2	☆
NES4	Does your school use strategies to maximize participation in the school breakfast program and/or school lunch program?	2	2	☆
NES5	Are marketing strategies used to promote healthy food and beverage choices in school?	2	2	☆
NES6	Do students have at least 10 minutes to eat breakfast and at least 20 minutes to eat lunch, counting from the time they are seated?	2	2	☆
NES8	Do you know where to access the USDA Smart Snacks nutrition standards to check and see if an item can be sold in school during the school day?	2	2	☆
NES14	Do students have consistent and easy access to free drinking water throughout the school day?	2	2	☆
NE1	Are skills-based, behavior-focused, and interactive/participatory methods used in nutrition education to develop student skills?	2	2	☆
NE2	Do all elementary school students receive sequential and comprehensive nutrition education?	2	2	☆
NE3	Do all middle school students receive sequential and comprehensive nutrition education?	2	2	☆
NE4	Do all high school students receive sequential and comprehensive nutrition education?	2	2	☆
NE5	Is nutrition education integrated into other subjects beyond health education?	2	2	☆
NE6	Do school nutrition services staff members use the following methods to collaborate with teachers to reinforce nutrition education lessons taught in the classroom?	2	2	☆

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PEPA12	 Are there opportunities for all students to engage in physical activity before and after school?	2	2	
PEPA13	Is there daily recess for all grades in elementary school?	2	2	
PEPA14	 Do teachers provide regular physical activity breaks for students in the classroom?	2	2	
PEPA17	 Are teachers encouraged to use physical activity as a reward for students?	2	2	
PEPA18	Do teachers ever use physical activity as a punishment?	2	2	
PEPA19	Do teachers ever withhold physical activity as a classroom management tool?	2	2	
IC1	Is there an active district-level wellness committee?	2	2	
IC2	Is there an active school-level wellness committee?	2	2	

Create Practice Implementation Plan

There are still opportunities for continued improvement. Moving forward, we will provide additional guidance and resources to teachers, staff, and student organizations to help ensure that food and beverages selected for fundraising activities align with nutrition guidelines and portion-size standards established by the USDA and the district wellness policy.

		Policy Score	Practice Score	
FR10	Are there fundraisers that sell foods or beverages to be consumed during the school day? If yes, do the foods and beverages sold meet Smart Snacks standards?	2	1	
FR11	Does your district regulate foods and beverages served at class parties and other school celebrations in elementary schools?	2	1	
NES13	Do teachers or school staff give students food as a reward?	2	0	
PEPA1	 Does the district have a written physical education curriculum that is implemented consistently for every grade?	2	0	
PEPA16	What proportion of students walk or bike to school?	2	1	
EW1	 Are there strategies used by the school to support employee wellness?	2	1	

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EW2	Are school staff encouraged to model healthy eating and physical activity behaviors in front of students?	2	1	
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Update Policies

Da Vinci Schools will continue working closely with the Wellness Committee to ensure that all federal and local wellness policy requirements are consistently met. Our priority remains providing students across all grade levels with access to nutritious, balanced meals that support their overall health, wellness, and academic success. The school is committed to maintaining compliance with USDA nutrition standards while continuing to promote healthy eating habits throughout the campus community.

If policy updates or revisions become necessary, Sara Deulofeu will be responsible for coordinating and implementing the proposed changes, pending approval by the Board. Once approved, updated policies will be published and communicated to the school community within one month to ensure transparency and timely implementation.

To improve implementation in identified areas of need, Da Vinci Schools plans to strengthen collaboration among the Wellness Committee, teachers, staff, students, and families. The school will focus on improving communication regarding new initiatives, wellness goals, and policy updates through ongoing outreach, staff collaboration, and educational opportunities. These efforts are intended to increase awareness and encourage active participation in supporting a healthy school environment.

Additionally, as Da Vinci Schools prepares to open a new coffee shop area at the high school next year, the school will ensure that all food and beverage items offered meet applicable federal, state, and district nutrition standards. The school will work closely with staff and vendors to provide compliant menu options while continuing to promote healthier choices for students and staff.

		Policy Score	Practice Score	
FR13	Which groups are represented on the district-level wellness committee?	1	2	
NES3	Does your school or district provide information to families about eligibility for free or reduced-price meals?	1	2	
NES9	Are you familiar with any state laws allowing exemptions for school-sponsored fundraisers during which foods and beverages do not have to meet Smart Snacks?	1	2	
NES10	Are foods or beverages containing caffeine sold at the high school level?	1	2	

Opportunities for Growth

Da Vinci Schools plans to improve implementation by working closely with staff and students to increase awareness and understanding of the requirements governing all foods and beverages served or sold on school grounds. Through ongoing communication, training, and collaboration, the school will ensure that all stakeholders are informed about federal nutrition standards and their role in supporting a healthy school environment. The goal is to ensure that all foods and beverages offered on campus meet or exceed federal nutrition standards.

Sara Deulofeu will be responsible for coordinating the development and implementation of the practice improvement plan, in collaboration with the Wellness Committee, school staff, and administration.

The practice implementation plan will be developed during the upcoming school year and implemented immediately following approval and communication of any necessary updates.

Any necessary policy revisions will be submitted for Board review and approval. Once approved, the updated policy language will be published and communicated via Da Vinci's website.

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		Policy Score	Practice Score	
NES11	Do all foods or beverages SERVED (not sold) to students after the school day on school grounds (including aftercare, clubs, and afterschool programming) meet federal nutrition standards (e.g., CACFP or Smart Snacks)?	1	1	
NES12	Do all foods or beverages SOLD (not served) to students after the school day on school grounds (including aftercare, clubs, and afterschool programming) meet federal nutrition standards (e.g., CACFP or Smart Snacks)?	1	1	

Conclusion

Overall, Da Vinci Schools continues to demonstrate a strong commitment to promoting student health, wellness, and academic success through the implementation of its School Wellness Policy. The assessment found that we are largely compliant with federal and local requirements related to nutrition education, meal programs, physical activity, and wellness policy transparency.

We provide nutritious meals that meet federal standards, ensures access to free drinking water, and offers Smart Snacks that meet USDA nutrition requirements. In addition, the Wellness Committee actively supports nutrition education and physical activity opportunities for students and staff.

The assessment also identified opportunities for improvement, particularly in monitoring food-related fundraising activities and increasing awareness of nutrition standards for foods and beverages served on campus. To address these areas, we will strengthen communication, training, and collaboration among staff, students, and the Wellness Committee. The school will also ensure that new initiatives, including the planned high school coffee shop area, comply with all applicable nutrition requirements.

We remain committed to continuous improvement and will continue working with staff, students, and community to create a healthy school environment that supports the well-being of all students and staff.

Key

 **Strong Policies and Aligned Practices** - District has a strong policy and is fully implementing practices that align with the policy

 **Create Practice Implementation Plan** - District has a strong or weak policy, but practice implementation is either absent or limited

 **Update Policies Update Policies** - District is fully implementing a practice but there is no or only weak language in the written policy, or the district is partially implementing practices and there is no language in the policy

 **Opportunities for Growth** - District has either not addressed the topic in policy or practice; or has only addressed the topic in a very limited way

For more resources, visit: wellsat.org/resources

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