



Lunch Hero Spotlight

Our amazing lunch heroes keep our students fueled and smiling every day! They prepare nutritious meals with care, serve hundreds of lunches with kindness, and know every student by name. Their teamwork keeps the cafeteria running smoothly and full of positive energy.

We're so grateful for all they do to make lunchtime one of the best parts of the school day!

Artist Needed

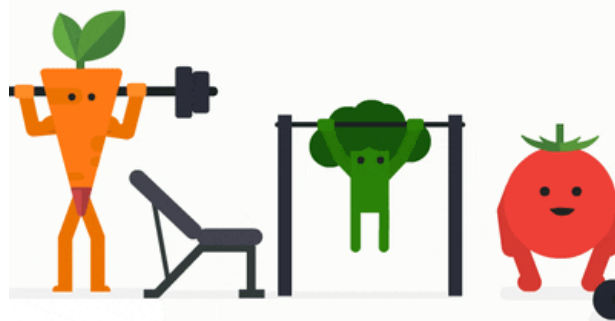
In celebration of School Nutrition Employee Week (April 28th), we are accepting all nutrition related artwork to be submitted to your cafeteria during breakfast/lunch services. Every month we will feature a new artists in our cafeteria and on the monthly newsletter!



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Nutrition FUN Facts

Fueling little bodies is a lot like building a superhero—every bite helps power growth, energy, and brain development! Kids thrive on a colorful mix of fruits, veggies, whole grains, proteins, and healthy fats, so think of meals as a rainbow adventure rather than a chore. Crunchy carrots, juicy berries, and even the occasional treat all have their place in a balanced diet. The key is variety, fun presentation, and involving kids in the process—whether it's picking out produce or helping assemble their plate. When healthy eating feels exciting instead of restrictive, children are more likely to develop positive habits that last a lifetime!



FUN DAY RECAP

In celebration of St. Patrick's Day our kiddos enjoyed a colorful multi-layered parfait topped with Lucky Charms! Every bite was magically delicious.



UP NEXT:

Nutrition/Artist Spotlight



April 12th
Grilled Cheese Day



School Nutrition Employee
Week Begins April 28th

