

DaVinci Schools
Triennial Assessment
Completed June 16, 2022

In accordance with the [2016 Final Rule](#), schools must complete an assessment of their district wellness policy every three years, at minimum. The assessment must include several components:

1. Comparison of the district's School Wellness Policy to a model policy;
2. Measurement of the extent to which the district is in compliance with the policy;
3. Description of the district's progress toward achieving the goals described in the policy.

Cypress School District used the WellSAT Triennial Assessment tools and worksheets to fulfill the requirements of the Triennial Assessment. Results are detailed below.

PART 1: Comparison to a model School Wellness Policy

- See completed WellSAT 3.0 Scorecard (attached).

PART 2: Local measurement of compliance with School Wellness Policy

- The district performed interviews with district- and school-level personnel, using the WellSAT-I tool. Scores were recorded using the WellSAT-I Scorecard and analyzed using the WellSAT Worksheet 3 (attached).

PART 3: Description of the district's progress toward achieving goals described in the policy

- See completed WellSAT Worksheet 4 (attached).

Your District's Scorecard

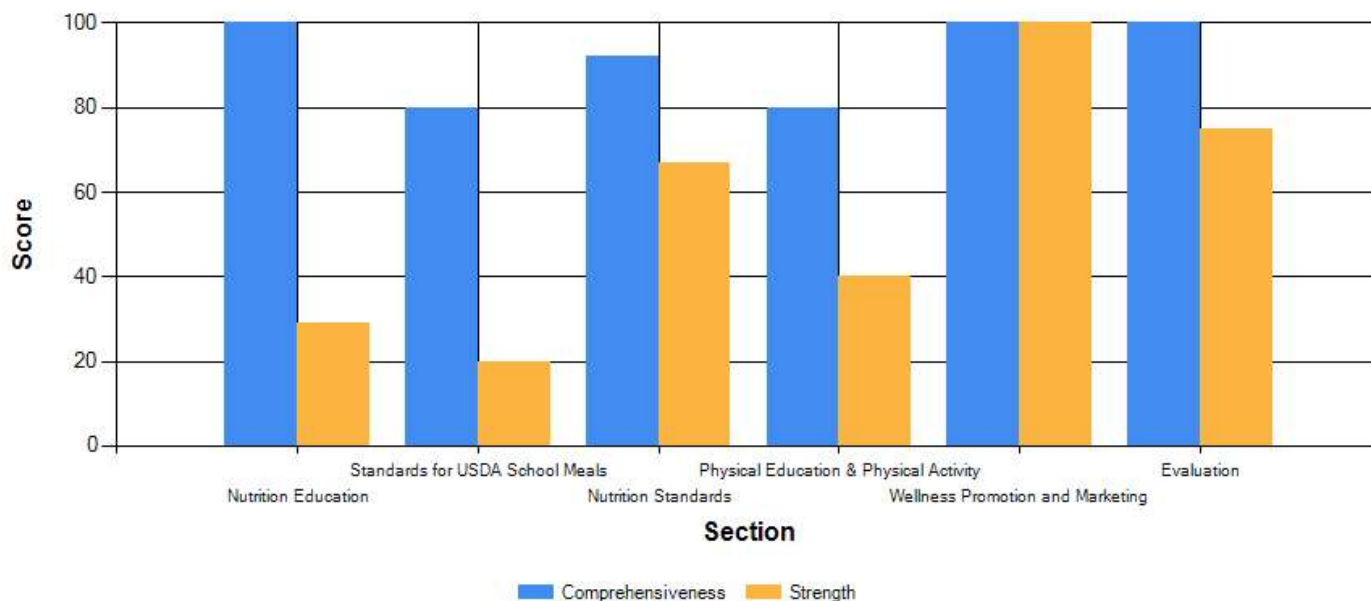
[Close window](#)

Congratulations! You have completed the WellSAT. Check out your scorecard below. It contains details of how you scored on each item and section of the assessment. It also provides resources that will help you improve your district's school wellness policy.

Items with a rating of "0" (item not addressed in the policy) or "1" (general or weak statement addressing the item) can be improved by referring to the resource links next to the items. Multiple resources addressing school wellness policy topics are available online. To avoid duplicative information, we have included a small selection, rather than a comprehensive listing.


Version: 3.0

Policy Name: DaVinci Schools



Section 1. Nutrition Education






Rating

NE1	 Includes goals for nutrition education that are designed to promote student wellness.	2
NE2	Nutrition education teaches skills that are behavior focused, interactive, and/or participatory.	1
NE3	All elementary school students receive sequential and comprehensive nutrition education.	1
NE4	All middle school students receive sequential and comprehensive nutrition education.	1
NE5	All high school students receive sequential and comprehensive nutrition education.	1
NE6	Nutrition education is integrated into other subjects beyond health education	2
NE7	Links nutrition education with the school food environment.	1
Subtotal for Section 1	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 7. Multiply by 100. Do not count an item if the rating is "0."	100
	Strength Score: Count the number of items rated as "2" and divide this number by 7. Multiply by 100.	29

[Click here for Nutrition Education Resources](#)

Section 2. Standards for USDA Child Nutrition Programs and School Meals




Rating




SM1	 Assures compliance with USDA nutrition standards for reimbursable school meals.	1
SM2	Addresses access to the USDA School Breakfast Program.	1
SM3	 District takes steps to protect the privacy of students who qualify for free or reduced priced meals.	1
SM4	Addresses how to handle feeding children with unpaid meal balances without stigmatizing them.	1
SM5	Specifies how families are provided information about determining eligibility for free/reduced priced meals.	0
SM6	Specifies strategies to increase participation in school meal programs.	2
SM7	Addresses the amount of "seat time" students have to eat school meals.	2
SM8	 Free drinking water is available during meals.	0
SM9	 Ensures annual training for food and nutrition services staff in accordance with USDA Professional Standards.	1
SM10	 Addresses purchasing local foods for the school meals program.	1
Subtotal for Section 2	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 10. Multiply by 100. Do not count an item if the rating is "0."	80
	Strength Score: Count the number of items rated as "2" and divide this number by 10. Multiply by 100.	20

[Click here for School Food Resources](#)

Section 3. Nutrition Standards for Competitive and Other Foods and Beverages

Rating


NS1	 Addresses compliance with USDA nutrition standards (commonly referred to as Smart Snacks) for all food and beverages sold to students during the school day.	2
NS2	USDA Smart Snack standards are easily accessed in the policy.	1
NS3	 Regulates food and beverages sold in a la carte.	2
NS4	 Regulates food and beverages sold in vending machines.	2




NS5	 Regulates food and beverages sold in school stores.	2
NS6	 Addresses fundraising with food to be consumed during the school day.	2
NS8	Addresses foods and beverages containing caffeine at the high school level.	2
NS9	 Regulates food and beverages served at class parties and other school celebrations in elementary schools.	1
NS10	Addresses nutrition standards for all foods and beverages served to students after the school day, including, before/after care on school grounds, clubs, and after school programming.	1
NS11	Addresses nutrition standards for all foods and beverages sold to students after the school day, including before/after care on school grounds, clubs, and after school programming.	2
NS12	Addresses food not being used as a reward.	2
NS13	Addresses availability of free drinking water throughout the school day.	0
Subtotal for Section 3	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 12. Multiply by 100. Do not count an item if the rating is "0."	92
	Strength Score: Count the number of items rated as "2" and divide this number by 12. Multiply by 100.	67

[Click here for Nutrition Standards Resources](#)

Section 4. Physical Education and Physical Activity

Rating



PEPA1	 There is a written physical education curriculum for grades K-12.	1
PEPA2	The written physical education curriculum for each grade is aligned with national and/or state physical education standards.	1
PEPA3	Physical education promotes a physically active lifestyle.	2
PEPA4	Addresses time per week of physical education instruction for all elementary school students.	1
PEPA5	Addresses time per week of physical education instruction for all middle school students.	1
PEPA6	Addresses time per week of physical education instruction for all high school students.	1
PEPA7	Addresses qualifications for physical education teachers for grades K-12.	0
PEPA8	Addresses providing physical education training for physical education teachers.	1
PEPA9	Addresses physical education exemption requirements for all students.	0
PEPA10	Addresses physical education substitution for all students.	0

PEPA11	 Addresses family and community engagement in physical activity opportunities at all schools.	2
PEPA12	 Addresses before and after school physical activity for all students including clubs, intramural, interscholastic opportunities.	2
PEPA13	Addresses recess for all elementary school students.	2
PEPA14	 Addresses physical activity breaks during school.	2
PEPA16	District addresses active transport (Safe Routes to School) for all K-12 students who live within walkable/bikeable distance.	2
Subtotal for Section 4	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 15. Multiply by 100. Do not count an item if the rating is "0."	80
	Strength Score: Count the number of items rated as "2" and divide this number by 15. Multiply by 100.	40

[Click here for Resources on Physical Activity in Schools](#)

Section 5. Wellness Promotion and Marketing

Rating







WPM2	 Addresses strategies to support employee wellness.	2
WPM3	Addresses using physical activity as a reward.	2
WPM4	Addresses physical activity not being used as a punishment.	2
WPM5	Addresses physical activity not being withheld as a punishment.	2
WPM6	Specifies marketing to promote healthy food and beverage choices.	2
WPM7	 Restricts marketing on the school campus during the school day to only those foods and beverages that meet Smart Snacks standards.	2
WPM8	Specifically addresses marketing on school property and equipment (e.g., signs, scoreboards, sports equipment).	2
WPM9	Specifically addresses marketing on educational materials (e.g., curricula, textbooks, or other printed or electronic educational materials).	2
WPM10	Specifically addresses marketing where food is purchased (e.g., exteriors of vending machines, food and beverage cups and containers, food display racks, coolers, trash and recycling containers).	2
WPM11	Specifically addresses marketing in school publications and media (e.g., advertisements in school publications, school radio stations, in-school television, computer screen savers, school-sponsored Internet sites, and announcements on the public announcement (PA) system).	2
WPM12	Specifically addresses marketing through fundraisers and corporate-incentive programs (e.g., fundraising programs that encourage students and their families to sell, purchase, or consume products and corporate incentive programs that provide funds to schools in exchange for proof of purchases of company products, such as Box Tops for Education).	2
Subtotal for Section 5	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 11. Multiply by 100. Do not count an	100

	item if the rating is "0."	
	Strength Score: Count the number of items rated as "2" and divide this number by 11. Multiply by 100.	100

[Click here for Wellness Promotion and Marketing Resources](#)

Section 6. Implementation, Evaluation & Communication

Rating

IEC1	Addresses the establishment of an ongoing district wellness committee.	2
IEC2	 Addresses how all relevant stakeholders (parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrator, and the general public) will participate in the development, implementation, and periodic review and update of the local wellness policy.	2
IEC3	 Identifies the officials responsible for the implementation and compliance of the local wellness policy.	2
IEC4	 Addresses making the wellness policy available to the public.	2
IEC5	 Addresses the assessment of district implementation of the local wellness policy at least once every three years.	2
IEC6	 Triennial assessment results will be made available to the public and will include:	1
IEC7	 Addresses a plan for updating policy based on results of the triennial assessment.	2
IEC8	Addresses the establishment of an ongoing school building level wellness committee.	1
Subtotal for Section 6	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 8. Multiply by 100. Do not count an item if the rating is "0."	100
	Strength Score: Count the number of items rated as "2" and divide this number by 8. Multiply by 100.	75

[Click here for Resources for Wellness Policy Development, Implementation and Evaluation](#)

Overall District Policy Score

Total Comprehensiveness Add the comprehensiveness scores for each of the six sections above and divide this number by 6.	District Score 92
Total Strength Add the strength scores for each of the six sections above and divide this number by 6.	District Score 55

WORKSHEET 3: IDENTIFY CONNECTIONS BETWEEN POLICY AND PRACTICE

This worksheet includes four sections that assess the connections between the written wellness policy and the district and school practices.

Instructions: Print out the WellSAT 3.0 Scorecard and Scorecard for the WellSAT-I. With the two scorecards side by side, go through each section and identify the following using Worksheet 3:



All items that received a written policy score of 2 and an interview practice score of 2. These are your district's Strong Policies and Aligned Practices. List items in this section on Worksheet 2, starting with those that are federally required.



All items that received a written policy score of 1 or 2 and an interview practice score of 0 or 1. These are items where you need to Create Practice Implementation Plans. List items in this section on Worksheet 2, starting with those that are federally required.



All items that received a written policy score of 0 or 1 and an interview practice score of 2. These items are where your district should Update Policies. List items in this section on Worksheet 2, starting with those that are federally required.



All items that received a written policy score of 0 or 1 and an interview practice score of 0 or 1. These items represent Opportunities for Growth. List items in this section on Worksheet 2, starting with those that are federally required.

SECTION 1: STRONG POLICIES AND ALIGNED PRACTICES



This document identifies where the district has a strong policy and is fully implementing practices that align with the policy.

- Describe the items that received a written policy score of 2 and an interview practice score of 2. Start with the Federal Requirements for each section.

Item number	Item description
	Section 1. Nutrition Education
NE6	Nutrition education is integrated into other subjects beyond health education
	Section 2: Standards for USDA Child Nutrition Programs and School Meals
SM6	Specifies strategies to increase participation in school meal programs.
SM7	Addresses the amount of "seat time" students have to eat school meals
	Section 3: Nutrition Standards for Competitive and Other Foods and Beverages
NS1	Addresses compliance with USDA nutrition standards (commonly referred to as Smart Snacks) for all food and beverages sold to students during the school day.
NS3	Regulates food and beverages sold in a la carte.
NS4	Regulates food and beverages sold in vending machines.
NS5	Regulates food and beverages sold in school stores.
NS6	Addresses fundraising with food to be consumed during the school day
NS8	Addresses foods and beverages containing caffeine at the high school level.
NS11	Addresses nutrition standards for all foods and beverages sold to students after the school day, including before/after care on school grounds, clubs, and after school programming.
	Section 4: Physical Education and Physical Activity

PEPA12	Addresses before and after school physical activity for all students including clubs, intramural, interscholastic opportunities.
PEPA13	Addresses recess for all elementary school students.
	Section 5: Wellness Promotion and Marketing
WMP4	Addresses physical activity not being used as a punishment.
WMP5	physical activity not being withheld as a punishment.
WMP7	Restricts marketing on the school campus during the school day to only those foods and beverages that meet Smart Snacks standards.
WMP8	Specifically addresses marketing on school property and equipment (e.g., signs, scoreboards, sports equipment)
WMP9	Specifically addresses marketing on educational materials (e.g., curricula, textbooks, or other printed or electronic educational materials).
WMP11	Specifically addresses marketing in school publications and media (e.g., advertisements in school publications, school radio stations, in-school television, computer screensavers, school-sponsored Internet sites, and announcements on the public announcement (PA) system).
WMP12	Specifically addresses marketing through fundraisers and corporate-incentive programs (e.g., fundraising programs that encourage students and their families to sell, purchase, or consume products and corporate incentive programs that provide funds to schools in exchange for proof of purchases of company products, such as Box Tops for Education).
	Section 6: Implementation, Evaluation & Communication
ICE4	Wellness Policy is available to the public

SECTION 2: CREATE PRACTICE IMPLEMENTATION PLAN



This document identifies areas where there is a strong or weak policy, but practice implementation is either absent or limited. The Connecticut State Department of Education (CSDE) recommends working with key stakeholders and developing a plan to fully implement the policy as written.

- Enter the items that received a written policy score of 1 or 2 and an interview practice score of 0 or 1. Start with the Federal Requirements for each section.

Item number	Item description
	Section 1. Nutrition Education
NE1	Includes goals for nutrition education that are designed to promote student wellness.
NE6	Nutrition education is integrated into other subjects beyond health education
	Section 2: Standards for USDA Child Nutrition Programs and School Meals
SM10	Addresses purchasing local foods for the school meals program
	Section 3: Nutrition Standards for Competitive and Other Foods and Beverages
NS12	food not being used as reward
	Section 4: Physical Education and Physical Activity
	*schools are not required to have PE****
PEPA3	Physical education promotes a physically active lifestyle.
PEPA11	Addresses family and community engagement in physical activity opportunities at all schools
PEPA16	District addresses active transport (Safe Routes to School) for all K-12 students who live within walkable/bikeable distance
	Section 5: Wellness Promotion and Marketing

WPM2	Addresses strategies to support employee wellness.
WPM3	Addresses using physical activity as a reward.
WPM6	Specifies marketing to promote healthy food and beverage choices.
WPM10	Specifically addresses marketing where food is purchased (e.g., exteriors of vending machines, food and beverage cups and containers, food display racks, coolers, trash and recycling containers).
	Section 6: Implementation, Evaluation & Communication
IEC1	Addresses the establishment of an ongoing district wellness committee.
IEC2	Addresses how all relevant stakeholders (parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrator, and the general public) will participate in the development, implementation, and periodic review and update of the local wellness policy
IEC3	Identifies the officials responsible for the implementation and compliance of the local wellness policy.
IEC5	Addresses the assessment of district implementation of the local wellness policy at least once every three years.
IEC7	Addresses a plan for updating policy based on results of the triennial assessment.

SECTION 3: UPDATE POLICIES

This document identifies areas where the LEA is (a) fully implementing practices but there is no or only weak language in the written policy, or (b) partially implementing practices with no policy language. Best practice is to update the policy to match the implementation level.



- Enter the items that received a written policy score of 0 or 1 and an interview practice score of 2. Start with the Federal Requirements for each section.

Item number	Item description
	Section 1. Nutrition Education
NE3	All elementary school students receive sequential and comprehensive nutrition education.
NE4	All middle school students receive sequential and comprehensive nutrition education
NE5	All high school students receive sequential and comprehensive nutrition education.
NE7	Links nutrition education with the school food environment.
	Section 2: Standards for USDA Child Nutrition Programs and School Meals
SM1	Assures compliance with USDA nutrition standards for reimbursable school meals.
SM2	Addresses access to the USDA School Breakfast Program.
SM3	District takes steps to protect the privacy of students who qualify for free or reduced priced meals.
SM4	Addresses how to handle feeding children with unpaid meal balances without stigmatizing them
SM5	Specifies how families are provided information about determining eligibility for free/reduced priced meals.
SM8	Free drinking water is available during meals.
SM9	Ensures annual training for food and nutrition services staff in accordance with USDA Professional Standards.
	Section 3: Nutrition Standards for Competitive and Other Foods and Beverages
NS10	Addresses nutrition standards for all foods and beverages served to students after the school day, including, before/after care on school grounds, clubs, and after school programming
NS13	Addresses availability of free drinking water throughout the school day.
	Section 4: Physical Education and Physical Activity
PEPA12	Addresses before and after school physical activity for all students including clubs, intramural, interscholastic opportunities.

PEPA13	Addresses recess for all elementary school students.
PEPA15	when school is not in session, community members can use indoor and outdoor school building and grounds, district has joint-use agreement
	Section 5: Wellness Promotion and Marketing
	none
	Section 6: Implementation, Evaluation & Communication
IEC6	Triennial assessment results will be made available to the public

SECTION 4: OPPORTUNITIES FOR GROWTH

This identifies areas where the district has either not addressed the topic in policy or practice; or has only addressed the topic in a very limited way.



- Enter the items that received a written policy score of 0 or 1 and an interview practice score of 0 or 1. Start with the Federal Requirements for each section.

Item number	Item description
	Section 1. Nutrition Education
NE2	Nutrition education teaches skills that are behavior focused, interactive, and/or participatory.
	Section 2: Standards for USDA Child Nutrition Programs and School Meals
SM10	Addresses purchasing local foods for the school meals program.
	Section 3: Nutrition Standards for Competitive and Other Foods and Beverages
NS2	USDA Smart Snack standards are easily accessed in the policy.
NS9	Regulates food and beverages served at class parties and other school celebrations in elementary schools
	Section 4: Physical Education and Physical Activity
	CHARTER SCHOOLS ARE NOT REQUIRED TO PROVIDE PE
	Section 5: Wellness Promotion and Marketing

	NONE
	Section 6: Implementation, Evaluation & Communication
	NONE

WORKSHEET 4: SUMMARY OF FINDINGS

This worksheet can be used to create narrative descriptions to post alongside sections from Worksheet 3: Identifying Connections between Policy and Practice. The purpose of these narratives is to describe the district's progress toward meeting their wellness goals. Not all districts will have information to share in all four sections.



SECTION 1: STRONG POLICIES AND ALIGNED PRACTICES

If applicable, write a narrative below to describe your district's areas of success in meeting its wellness goals.

DaVinci Schools' areas of success highlight the wellness practices that were implemented in the areas of Nutrition Education, ensuring foods and beverages sold or provided outside of the meal program meet USDA Smart Snacks standards, and Wellness Promotion and Marketing. Our school's efforts translated into strict local regulations that restrict the sales of food that don't meet the USDA nutrition standards, and encouraging students and families to engage in nonfood fundraisers. In SY21-22, our Nutrition Department was awarded the 2021 National School Lunch Program Equipment Assistance Grant to fully equip our kitchens, which will allow us to prepare and serve healthy, made from scratch meals to our students, and continue our work on regulating nonprogram foods. Our LSWP is available to the public through the school portal, and the results of this Triennial Assessment will be posted on our website.



SECTION 2: CREATE PRACTICE IMPLEMENTATION PLAN

If applicable, write a narrative below to describe how your district will create practice implementation plans to ensure full compliance with all elements of the LSWP.

During the pandemic, some of the practices weren't able to be implemented to their full potential, especially physical activities. Although our schools are not mandated to provide Physical Education, we believe in providing an environment for our students that promotes a physically active lifestyle, for this reason, our schools provide various community engagement in physical activity, because of Covid-19, these are not available at the moment, but we hope to resume these practices in SY22-23. .

Our Wellness Committee will continue to meet to look for more areas that can be improved or adapted. One of the Committees priorities for SY22-23 is to start conversations to increase the procurement of seasonal, local, and fresh healthy foods to incorporate local and sustainable meals into our menus once our new kitchen is up and running.



SECTION 3: UPDATE POLICIES

If applicable, write a narrative below to describe how the district will update its policy to include all federally required items. You may also add plans for additional policy updates if desired.

There are a few wellness areas and activities that our district is successfully implementing, but that require a stronger written policy. The Wellness Committee will continue to meet to review, and update our Local School Wellness Policy. For greater success, we will actively recruit members of the community and the school staff who are experts in the areas that need to be improved, including Standards for USDA Child Nutrition Programs and Competitive Foods, Nutrition Education and Wellness Marketing, to be active members of the committee.

While completing the WellSAT 3.0 Scorecard, we identified a few areas that are Federal requirements and thus required immediate attention and to be included in the written policy, such as including language that confirms our schools make free drinking water available during meals. These changes have been made to the written policy and are pending Board Approval.

The Committee will continue working on the written LSWP, and once approved by our Board, all changes will be made public by uploading the updated LSWP to our school website and providing a copy to our Wellness Committee, as well as making a copy available at the school's office and the school's designated eating area.



SECTION 4: OPPORTUNITIES FOR GROWTH

If applicable, write a narrative below to describe how your district will update its policy and practices to include all federally required items. You may also add plans for additional wellness goals if desired.

Our district recognizes the opportunities for growth to make our policy stronger and promote a healthier school environment during and after school. Our Wellness Committee will focus on revising and creating a clear policy for regulating food and beverages served at class parties and other school celebrations, and to offer ideas and opportunities to engage in celebrations and events that don't include food.

Davinci Schools, completed June 16th, 2022

Additionally, as we prepare for making our own meal in our fully new kitchen, we plan to start and expand a farm to school program as a way to incorporate scratch cooking and nutrition education during the school day.

Starting SY22-23, we will work to ensure that our students and their families have increased access to various physical and nutrition education activities.

USDA Nondiscrimination Statement

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To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: How to File a Complaint, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

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