



Student _____ Date of Birth _____ School Year _____

School _____ Grade _____

Parent/Legal Guardian _____ Phone #1 _____ #2 _____

Parent/Legal Guardian _____ Phone #1 _____ #2 _____

Additional Emergency Contact _____ Phone #1 _____ #2 _____

Healthcare Provider _____ Phone _____ Fax _____

Most allergic reactions are mild (hives or rash); however, some reactions progress to anaphylaxis- a serious life-threatening condition which may involve wheezing, shortness of breath, loss of consciousness, and death. It is not possible to predict the severity of the reaction, so each episode must be treated seriously.

To be completed by Parent/Legal Guardian:

Severe allergic reaction to: _____ Requires Epi pen? _____

Mild allergy to: _____ Requires Epi pen? _____

Usual Symptoms seen: _____

Current Medications (include dose and time): _____

Medication: ___ Kept in Health office ___ Kept in student backpack

Type of EpiPen ordered: ___ Epi-pen (0.3 mg epinephrine) ___ Epi-Pen Jr. (0.15 mg epinephrine) ___ Auvi-Q

Field Trips: Student must be accompanied by a person who is aware of the allergy and who is trained to perform CPR and administer treatment(s). Health plan, medication, and copies of orders, will be kept by the designated person at all times.

EMERGENCY!

If student is exposed to allergen or has symptoms, determine if symptoms are mild or severe. See below.

<p>Mild Symptoms</p> <ul style="list-style-type: none"> • Hives, itching or burning of skin • Tingling sensation on face or lips • Sneezing, coughing <p>Treatment of mild reaction:</p> <ol style="list-style-type: none"> 1. Send the student to the Health Office with a reliable student buddy 2. Encourage student to remain calm and observe for signs of improvement/worsening 3. Check powerschool health portion to see if student has a known allergy 4. Contact Parent or Guardian 5. If symptoms worsen, see below.



Severe Symptoms

- Swelling of lips, face or tongue
- Nasal flaring or difficulty breathing
- Low blood pressure with weak, rapid pulse
- Loud breathing, wheezing, choking, or coughing
- Nausea, vomiting or diarrhea
- Apprehension, sweating or weakness
- Pale or bluish skin coloring
- Change in quality of voice
- Loss of consciousness

Treatment of severe reaction:

1. Immediately administer Epi-pen per protocol and designate someone to call 911
2. Remain with the student and continue to monitor until EMS arrives. Maintain airway and prepare for CPR if needed. Epi-pen will act immediately, but only lasts 15-20 minutes. If signs and symptoms continue or worsen after 5-10 minutes, administer 2nd dose of epinephrine.
3. Designate someone to call parent/guardian, site administrator, school nurse
4. Follow up care should be obtained at hospital or from student physician as determined by EMS. A second, delayed reaction may occur up to 6 hours after initial anaphylaxis.
5. Document the incident date and time in powerschool, log entry.

When giving Epi-Pen immediately do the following in this order:

1. Give injection
2. Call EMS (911) to transport and monitor student
3. Notify parent/guardian
4. Notify school nurse and administrator

QUESTIONS?

Call parent and school nurse for: difficulty breathing not relieved by medication, equipment malfunctions, or refusal to treat

Call nurse, parent and physician for questions on individual circumstance management.

Call 911 for symptoms of breathing emergency.

[I give permission for school personnel to share this information, follow this plan, administer medication and care for my child and, if necessary, contact our physician. I assume full responsibility for providing the school with prescribed medication and equipment devices. I approve this Individualized Healthcare Plan for my child.]

Parent/Legal Guardian Signature _____

Date _____

School Nurse Signature _____

Date _____

Administrator Signature _____

Date _____

Trained Personnel Signature (if needed) _____

Date _____

Trained Personnel Signature (if needed) _____

Date _____