



Monday	Tuesday	Wednesday	Thursday	Friday	
	Sprii	ng Bro	eak		Did You Know?
crispy chicken sandwich (df) chicken taco trio	• the revolution dog (df) • jerk drumstick & pineapple carrot rice	bean & cheese pupusa (v)     oven roasted chicken sandwich (df)	• rainbow veggie pizza • chicken teriyaki (df)	cheese enchilada plate (v)     chicken bites (df)	serves fresh food made with real ingredients. There's
southwest veggie wrap (v)     mighty meaty deli combo sandwich     Fresh Fuit DVS only	sesame chicken salad     egg salad sandwich (v) (df)     Fresh Fruit	santa fe chili chicken & black bean wrap     turkey & cheddar sandwich     Fresh Fruit	1	honey mustard salad with grilled chicken     chicken salad sandwich (df)     Fresh Fruit	a lot you won't find in our meals including: No artificial colors, flavors, or sweeteners.
• steamed carrots 9 • crispy chicken sandwich (df)	o celery sticks with ranch 10  • bean & cheese quesadilla (v)	o grape tomatoes & three heap		o steam corn 13 • cheesy pizza bites (v)	
five cheese lasagna (v)     chicken caesar wrap (df)	classic chicken parm pasta     buffalo chicken wrap	potstickers with "not so fried" rice     veggie chef's salad (v)     chicken salad conduish (df)	firecracker chicken & noodles     bbq chicken wrap     sunny sandwich kit (sunbutter & jelly)	turkey cheddar flatbread melt     ham & cheese sandwich	No high fructose corn syrup, MSG. No partially or fully hydrogenated fats or
turkey & cheddar sandwich     Fresh Fuit     sliced cucumber	mighty meaty deli combo sandwich     Fresh Fruit     baby carrots & edamame beans (fchilled)	<ul> <li>chicken salad sandwich (df)</li> <li>Fresh Fruit</li> <li>lettuce &amp; tomatoes with ranch</li> <li>18</li> </ul>	(v) • Fresh Fruit • green peas 19	egg salad sandwich (v) (df)     Fresh Fruit     island glazed carrots	oils  No added  nitrites/nitrates
chicken bites (df)     pizza burger bagel melt	pepperjack cheeseburger     bfast for lunch: pancakes & omelet (v)	bean & cheese pupusa (v)     oven roasted chicken sandwich (df)	the revolution dog (df) cheesy ravioli (v)  versions and did (v)	chicken taco trio     five cheese lasagna (v)	muntes/mulates
<ul><li>chicken salad sandwich (df)</li><li>southwest veggie wrap (v)</li><li>Fresh Fuit</li></ul>	<ul> <li>honey mustard chicken wrap</li> <li>egg salad sandwich (v) (df)</li> <li>Fresh Fruit</li> </ul>	<ul> <li>garden ranch salad with chicken</li> <li>mighty meaty deli combo sandwich</li> <li>Fresh Fruit</li> </ul>	veggie taco salad (v)      turkey & cheddar sandwich      Fresh Fruit	sesame chicken wrap (df)     sunny sandwich kit (sunbutter & jelly) (v)     Fresh Fruit	<b>Lunch</b> : choice of 1% or fat- free milk; fresh fruit available daily.
• steamed corn 23  • mac & cheese and chicken bites  • cheesy pizza bites (v)	o grape tomatoes & edamame beans (chilled)	o island glazed carrots 25	o blanched broccoli with ranch (chilled)	• sliced cucumber 27	Dairy-free (DF) and vegetarian (VG) options available daily – if not listed on the menu, available upon
bbq chicken wrap     mighty meaty deli combo sandwich					request.  o Vegetable of the day  This institution is an equal
• Fresh Fuit  • celery sticks 30				6	opportunity provider